

MONARK HOMOEOPATHIC MEDICAL COLLEGE AND HOSPITAL

(A CONSTITUENT INSTITUTE OF MONARK UNIVERSITY)

1ST B.H.M.S STUDENTS FOUNDATION CORSE

BATCH 2023-2024 REPORT

INTRODUCTION

Homoeopathic Medical education in india requires the orientation of the new entrant to a basic philosophical orientation, a need to think in an integrated and holistic manner, an ability to function in a team at the bedside and a capacity to invest in a life-long learning pattern

Homoeopathy, though more then 250 years old, is relatively young as a scientific discipline However, we know that like all medical disciplines ,homoeopathy training includes a wide spectrum of domains that involves exposure to human interactions and interpersonal relationships in various settings including hospital, community, clinics etc.

The training is intense and demands great commitment, resilience and lifelong learning. It is desirable to create a period of acclimatization and familiarization to the new environment.

The would include an introduction to the course structure, learning methods, technology usage, and peer interactions which would facilitate their smooth from school to homoeopathic college.

The foundation course at Monark Homoeopathic Medical college was started on 20/11/2023 and was comecluded 20/12/2023

COURSE OVERVIEW

It was planned to be achieved through a dedicated 15 days exclusive "Foundation Course" , at the beginning of the BHMS course to orient and sensitize the various identified areas.

GOALS AND OBJECTIVES

Broad Goals of the Foundation Course in Homoeopathy include:

Orienting the students to various aspects of homoeopathic system of medicine

Creating in them the conscious awareness of the 'Mission 'as defined by Master Hahnemann

Equipping them with certain basic, but important skills required for going through this professional course and taking care of patients.

Enhancing their communication, language, computer and learning skills.

Providing an opportunity for peer and faculty interactions and introduction an orientation to various learning methodologies.

Objectives

Orient the student to:

The medical profession and the mission of a homoeopath in society

The BHMS programme

Vision and Mission of the institute

Concept of Holistic and positive health and ways to acquire and maintain it

History of Medicine and Homoeopathy and the status of Homoeopathy in the world

Different Health systems available in the country

Health care system and its delivery

National health priorities and policies

Principal of primary care (general and community-based care) concept of metroslip programme

(b) Enable the students to appreciate the need to enhance skills in:

Language

Observation, documentation & understanding of basic medical technologies

Interpersonal relationships and team behavior

Communication across ages and cultures

Time management

Stress management

Use of information technology

(c) Train the students to provide:

First -aid/Emergency management

Basic life support

Universal precautions and vaccinations

Patient safety and biohazard safety

(d) To enhance students Language and computer skills

Local language programme

English language programme.

computer skills

This was arranged as per the needs of the batch and continually fill the students well well to this course acclimatize

Teaching Methodology

The programme will be run in Sessions which must be interactive .

The major components of the Foundation course include.

Orientation Program:

Orienting students to all the components mentioned below with special emphasis on the role of Homoeopathy and homoeopath in today's times.

Skill sessions such as basic life support/Emergency, First Aid, Universal precautions and biomedical waste and safety management that students need to be trained prior to entering the patient care areas.

Field

Field visits provide orientation on the care delivery through community and primary health centres , and include interaction with health care workers, patients and their families.

Introduction to the concept of professionalism and Ethics and is closely related to Hahnemann 's emphasis on the conduct of a physician .This component provide students with understanding that clinical competence, communication skills and sound ethical principles are the foundation of professionalism.

It also provided understanding of the consequences of unethical and unprofessional behavior.

Value of honesty ,integrity and respect in all interactions.

Professional attributes such as accountability, altruism pursuit of excellence, empathy, compassion and humanism addressed.

The work help in respect and sensitivity for gender background, culture, regional, language diversities.

It include respect towards the differently abled persons.

It introduces the students to the basic concept of compassionate care and functioning as a part of a health

Enhancement of Language /computer skills/learning skills:

These sessions provided opportunity for the students from diverse background and language competence to undergo training for speaking and writing English, fluency in local language and basic computer skills.

The students were sensitized to various learning methodologies such as small group discussions, skills lab, simulations, documentation and concept of Self-Directed learning.

Sr. No	Topic	Types of activity	Duration hrs
1	Welcome and Introduction to Vision Mission of the Institute	Lecture	1
2	Mission and role of a Homoeopathy and Homoeopath in society including showcasing effects of Homoeopathy	Interactive discussion	6
3	BHMS Course of study and introducing to first year faculty	Presentation	1
4	Visit to institution / campus / facilities	Walking tour	4
5	Concept of Holistic and Positive health	Interactive discussion	2
6	History of Medicine and Homoeopathy and state of Homoeopathy in the world	Presentation	2
7	Adult Learning principles	Interactive	2
8	Health care system and delivery	Visit to PHC/ Urban health centre and interaction with staff	3
9	Different health care systems recognized in the country and the concept of pluralistic health care systems	Presentation	1
10	Primary Community care	Interaction	2
11	Basic Life support	Demonstration video and practice	4
12	Communication – its nature and importance in different social and professional settings	Practical with scenarios and enactment with observation	4
13	Medical ethics – role in enhancing patient care	Role play	2
14	Who is professional?	Debate between two sides on a topic	2
15	Time management	Practical exercise	3
16	First aid – principles and techniques	Demonstration and presentation	2
17	National health priorities and policies	Presentation	1
18	Importance of Mental Health and Hygiene to a medical student in the medical profession Stress management including importance ⁴ of Sports and Extracurricular activities	Practical demonstration / video	14
19	Concept and practice of Mentoring	Interactive discussion	4
20	Constitutional values, Equality, Gender sensitization and ragging policy	Presentation and Interactive	3

21	Universal precautions and vaccinations	Presentation followed by discussion	1
22	Importance of Observation and Documentation in Homoeopathic practice	Practice exercise through video observation	6
23	Team working	Game and debriefing	4
24	Patient safety and Biomedical hazards	Video and presentation	2
25	Computer skills	Demonstration and Practice of basic use of word, Excel and PPT	4
26	Language skills	Language labs	10
	TOTAL		90

Staff participation :

Guest faculties who are expert in their fields were called upon and medically well-versed teaching staff i.e. Dr. Priyanka vyas, Dr. Kankana sharma, Dr. Selva panda, Dr. Pramod sharma, Dr. Piyush nagar and Dr. Sakina laxmidhar will as our medical officer were support time to impart their knowledge on various hospital related topics especially Dr. Stuti, Dr. Manashvi, Dr. Krupa

APPENDIX

TIME TABLE

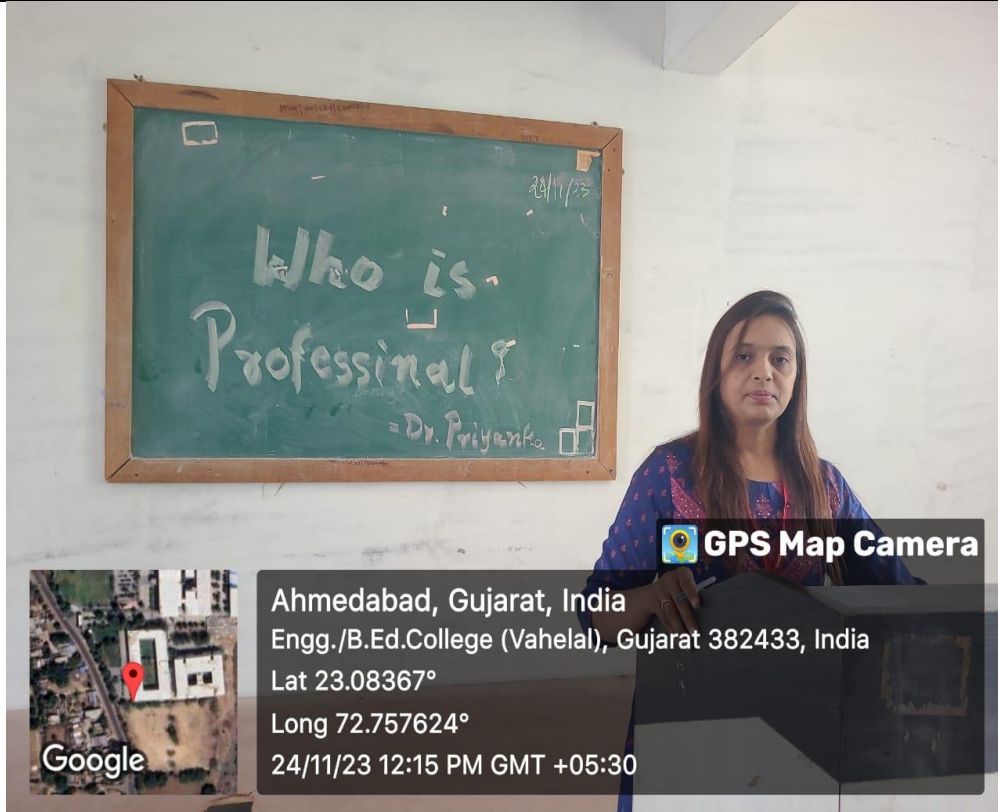
TIME	MONDAY 20/11/23	TUESDAY 21/11/23	WEDNESDAY 22/11/23	THURSDAY 23/11/23	FRIDAY 24/11/23	TUESDAY 28/11/23
9-15am TO 10-15am	Welcome and Introduction to Vision Mission of the Institute Dr. R.D .Patel Sir	Different health care systems recognized in the country and the concept of pluralistic health care systems Dr. Nikita Naik	History of Medicine and Homoeopathy and state of Homoeopathy in the world Dr. Piyush Nagar	Communication – its nature and importance in different social and professional settings Dr. Selva Panda	Importance of Observation and Document Dr. Kankana	Concept and practice of Mentoring - Dr. Kankana Sharma
10-15am to 11-15am	Mission and role of a Homoeopathy and Homoeopathy in society including showcasing effects of Homoeopathy Dr. Priyanka	Mission and role of a Homoeopathy and Homoeopathy in society including showcasing effects of Homoeopathy Dr. Piyush	Medical ethics – role in enhancing patient care Dr. Priyanka Vyas	Importance of Mental Health and Hygiene Dr. Sakina Laxmidhar	Concept and practice of Mentoring Dr. Sakina Laxmidhar	Importance of Mental Health and Hygiene Dr. Piyush Nagar

	Vyas	Naga				
11-15am to 12-15am	BHMS Course of study and introducing to first year facultyDr.Selva Panda	Importance of Observation and DocumentDr. Selva Panda	Importance of Mental Health and HygieneDr.Kankana Sharma	Concept and practice of MentoringDr. Selva Panda	Time Management - Dr.Priyanka vyas	Team workingDr. Sakina Laxmidhar
LUNCH BREAK 12-15 to 1-15am						
1-15pm to 2-15pm	Visit to institution / campus / facilities-All dept. (batchwise)	Mission and role of a Homoeopathy - Dr.Kankana Sharma	Concept of Holistic and Positive healthDr.Selva Panda	Concept and practice of MentoringDr. Pramod Sharma	Concept of Holistic and Positive healthDr. Pramod Sharma	First aid – principles and techniques - Dr.Krupa
2-15pm to 3-15pm	Visit to institution / campus / facilities-All dept. (batchwise)	Concept of Holistic and Positive healthDr. Pramod Sharma	Basic Life supportDr.Stuti shah	Who is professional? - Dr.Piyush Nagar	Communication – its nature and importance in different social and professional settingsDr.Pramod Sharma	Communication – its nature and importance in different social and professional settingsDr.Kankana Sharma
3-15pm to 4-15pm	History of Medicine and Homoeopathy and state of Homoeopathy in the worldDr.Kankana Sharma	Primary Community careDr.Krupa	Communication – its nature and importance in different social and professional settingsDr.Sakina Laxmidhar	Basic Life support-Dr. Krupa	Primary Community careDr.Manasvi	Universal precautions and vaccinations- Dr. Manasvi
TIME	WEDNESDAY 29/11/23	THURSDAY 30/11/23	FRIDAY 01/12/23	MONDAY 04/12/23		
9-15am to 10-15am	Importance of Mental Health and HygieneDr.Selva Panda	Time Management Dr.Sakina Laxmidhar	Language skills Dr.Mansvi	First aid – principles and techniquesDr. Kankana Sharma		
10-15am	Who is professional?-	Constitutional Values,	Constitutional Values,	Language skills		

to 11-15am	Dr.Selva panda	Equality, Gender sensitization and ragging policy.- Dr.Chirag	Equality, Gender sensitization and ragging policy.- Dr.Piyush		
11-15am to 12-15	Time Management Dr.Harsh Chavda	Importance of Observation and Document Dr.Pramod sharma	Adult Learning principles Dr.Sakina laxmidhar	Adult Learning principles Dr.Piyush nagar	
12-15 to 1-15pm lunch break					
1-15pm to 2-15pm	Visit to PHC/urban health centre and interaction with staff	Basic Life support-Dr. Krupa	Computer skills Demonstration and Practice of basic use of word, Excel and PPT	Computer skills Demonstration and Practice of basic use of word, Excel and PPT	
2-15pm to 3-15pm	Visit to PHC/urban health centre and interaction with staff	National health priorities and policies Dr.Pramod	Importance of Observation and Document Dr.Sakina Laxmidhar	Communication – its nature and importance in different social and professional settings Dr.Pramod Sharma	
3-15pm to 4-15pm	Visit to PHC/urban health centre and interaction with staff	Team working Dr.Stuti shah	Basic Life Support-Dr. Ankita	Constitutional Values, Equality, Gender sensitization and ragging policy.- Dr.Pramod sharma	
TIME	TUESDAY 28/1/23	WEDNESDAY 29/11/23	THURSDAY 30/11/23	FRIDAY 01/12/23	SATURDAY 02/12/23

9-15am to 10-15am	Time Management- Dr.Sakina Laxmidhar	Language skills Dr. Avani	First aid – principles and techniques-/ BLS Dr. Manasvi	Time Management- Dr.Selva	Importance of Mental Health and Hygiene- Dr.Selva Panda	
10-15am to 11-15am	Constitutional Values, Equality, Gender sensitization and ragging policy.- Dr.Kankana	Constitutional Values, Equality, Gender sensitization and ragging policy.- Dr.Piyush	Language skills Dr. Manasvi	Concept and practice of Mentoring- Dr.Kankana Sharma	Team working- Dr.Sakina Laxmidhar	
11-15am to 12-15	Importance of Observation and Document- Dr.Stuti	Adult Learning principles- Dr.Sakina laxmidhar	Adult Learning principles- Dr.Piyush Nagar	Time Management Dr Harsh/Dr. Pramod	Importance of Mental Health and Hygiene- Dr.Piyush Nagar	
12-15 to 1-15pm lunch break						
1-15pm to 2-15pm	Basic Life support-Dr. Krupa	Computer skills- Demonstration and Practice of basic use of word, Excel and PPT Neetu Goswami	Computer skills- Demonstration and Practice of basic use of word, Excel and PPT Nidhi Patel	Visit to PHC/urban health centre and interaction with staff	First aid – principles and techniques- Dr.Krupa	

2-15pm to 3-15pm	National health priorities and policies- Dr.Pramod Sharma	Importance of Observation and Document- Dr.Sakina Laxmidhar	Communication – its nature and importance in different social and professional settings- dr.Pramod Sharma	Visit to PHC/urban health centre and interaction with staff	Patient safety and Biomedical hazards- Dr.Stuti	
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GPS Map Camera



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